Type of Opportunity:
- Yoga
- Other
Company Name: Gold's Gym
Job Title: Neuro Exercise Instructor
Job Type: Part-time
City: Sterling
State: VA

Details: Neuro Exercise Specialist:
Gold's gym is seeking qualified health and fitness specialists to implement the new cutting edge researched based YoMo® program within their facilities. YoMo® is a yoga inspired movement based program to address individual Kinesiophobia that contributes to chronic pain. This simple, easy program is designed to lay a strong foundation for participants to improve their function, mobility, decrease and manage their chronic pain while creating sustainable behavioral modifications that lead to improved quality of life by achieving their health and fitness goals.

Education:
• Current CPR/AED Certification and basic First Aid knowledge (short grace period is offered)
• Bachelor's Degree in Kinesiology, Exercise Science, Exercise Physiology

Email your resume to Samantha Parker at samanthaparker28@hotmail.com.
Then follow up with a phone call at 571-775-0314.
www.samparkernmstraining.com – she is partnering with Gold's.
The pay structure is a fee split. Make your own hours. Clients are scheduled and coordinated by Samantha – no need to recruit for appointments.

First Name: Samantha
Last Name: Parker
Telephone: 571-775-0314
Email: samanthaparker28@hotmail.com