



## SECTION SIX INTEGRATIVE HEALTH SCIENCES

### **Integrative Health Sciences Department**

#### **Administration**

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#### **Contact the Department**

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### **Department Overview**

The Integrative Health Sciences (ISCI) Department provides foundational and specialized science courses for most of Maryland University of Integrative Health's programs. For program-specific requirements, please refer to each program's section in the Academic Catalog.

### **Purpose**

The mission of the ISCI department is to provide innovative coursework that enables students to understand and apply health sciences within the context of integrative health disciplines.

### **Goals**

Students in ISCI courses will develop the knowledge, skills, and habits of mind to:

- Describe health and disease from the perspective of the biomedical sciences
- Explain health and disease from an integrative and biopsychosocial perspective
- Assess the biological basis for complementary and integrative health therapies
- Analyze the scientific evidence for benefits and harms from complementary and integrative health therapies
- Use and value scientific principles and evidence as part of analysis and decision making in healthcare

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## **Course of Study**

The ISCI department serves the following programs:

### **Doctoral Degrees**

Doctor of Acupuncture  
Doctor of Clinical Nutrition  
Doctor of Oriental Medicine

### **Master's Degrees**

Master of Acupuncture  
Master of Arts in Health and Wellness Coaching  
Master of Oriental Medicine  
Master of Science in Health Promotion  
Master of Science in Nutrition and Integrative Health  
Master of Science in Therapeutic Herbalism  
Master of Science in Yoga Therapy

### **Academic Certificates**

Post-Baccalaureate Certificate in Health and Wellness Coaching  
Post-Baccalaureate Certificate in Herbal Studies  
Post-Master's Certificate in Nutrition and Integrative Health