



SECTION ONE INTRODUCTION

YOU ARE WELCOME HERE

A Message From Provost Christina Sax

We are so happy to welcome you to Maryland University of Integrative Health (MUIH). However you choose to join our community – as a student, patient, faculty, staff member, or partner – we invite you to explore and learn with us.

We've been in integrative health for a long time. In 1974, we began as a small acupuncture clinic and, by 1981, had created an acupuncture school. In fact, we were the first U.S. acupuncture school to be accredited by the Accreditation Commission for Acupuncture and Oriental Medicine. Over the years, we secured and reinforced our position as a national leader and change agent in the world of integrative health. We expanded into a number of health and wellness disciplines, launched online courses and programs, developed our first doctoral programs, and attracted the best and brightest faculty and students, became regionally accredited, and achieved university status.

Today, we are a graduate university accredited by the Middle States Commission on Higher Education, one of just a few in the country that are completely dedicated to integrative health. Our commitments, very simply, are to educate, heal, support, and collaborate. You can count on us to consistently deliver on these promises.

We care for patients and clients in our campus Natural Care Center where we offer integrative health treatment and consultations. Licensed and certified professionals as well as our student interns under faculty supervision practice here.

Being a “healing presence” is an element that is essential to everything we do. We take seriously our values-driven philosophy and our foundational principles are front and center in all our decisions. We strongly believe in the power of relationships to heal. Our students are assessed on their ability

to develop this healing presence, which includes elements of empathy, self-reflection, and mindfulness. We also strive to use this healing presence in meetings with our partners, and when we're out in the community. We respect the role of allopathic medicine and prepare our students to work side-by-side with healthcare providers from all disciplines.

We believe in the power of community. This is a fundamental part of the MUIH experience and it is evident both on campus and when you engage with us online. Just as a client and practitioner form a mutually rewarding relationship on the path toward healing, our faculty and students learn from each other and develop lasting bonds that support a sense of interconnection and unity.

We look forward to your partnership in the movement toward wellness and support your goals to be an advocate, leader, and practitioner of whole-person, relationship-centered healing.

We are on a fulfilling, meaningful, and exciting adventure to shift the landscape of health care and your contributions are most welcome.

With warm regards,

Christina M. Sax, Ph.D.

Provost and Vice President for Academic and Student Affairs

A COMMUNITY DEDICATED TO WELLNESS



Maryland University of Integrative Health is the leading academic institution for integrative health in the nation.

For more than 40 years, MUIH has educated practitioners in health and wellness through transformative and relationship-centered programs that draw from traditional wisdom and contemporary science. MUIH offers graduate programs in a wide range of health and wellness fields, as well as programs for professional and personal development. In our on-campus Natural Care Center and community outreach settings, we provide compassionate and affordable health care from student interns and professional practitioners, and deliver more than 15,000 clinical treatments and consultations each year.

Our 12-acre campus houses a bookstore, library, clinic, herbal dispensary, art gallery, and meditation and herb gardens. We welcome you to explore the abundant opportunities for growth and renewal.

Mission

A distinctive community of scholars, researchers, practitioners, and advocates, Maryland University of Integrative Health promotes whole person, relationship-centered healthcare.

Through discovery and exploration, we deliver progressive educational programs, advance innovative clinical models, build mutually beneficial partnerships, and provide opportunities for fulfilling careers.

Vision

Serving as a leader in the global transformation of health and wellness, we integrate healing traditions and contemporary science, acknowledge the wisdom of the body and nature as a teacher, and focus on the interconnection of mind, body, and spirit.

Our work enables people to thrive through the cycles of life.

Foundational Principles

At Maryland University of Integrative Health, we commit, individually and collectively, to remembering these foundational principles. We use these to guide our behavior, inform our decisions, and shape our preferred future.

Interconnection

Everyone and everything in the universe is intrinsically connected. Modern science and ancient healing traditions both reflect our interdependence with the environment.

Health care research shows that individual well-being is directly connected to the health of both the social community and ecological environment. Ancient healing traditions assert that individually and collectively people shape the world in which they live through their words, actions and thoughts.

Holism

A person, organization, or system is more than the sum of its parts and can ultimately only be understood and explained as a whole. This holistic perspective significantly impacts healthcare, research, and community life.

Working from this orientation, practitioners take into consideration the entirety of a person (body-mind-spirit); researchers apply systems approaches rather than reductionist models to the study of therapeutic disciplines; and educators, policy makers, and community members make decisions and take action within the context of the whole.

Transformation

People, communities, and organizations have the potential for profound and ongoing change. Transformation is catalyzed by the environment and receptivity to change.

The availability of resources and a sense of empowerment are central to positive transformations. Time-honored traditions assert that living in harmony with nature, cultivating mindfulness, and serving others are paths to individual and community transformation.

Diversity

Diversity underlies the health of any system. In the natural world, biological diversity generates and reflects a sustainable ecology. Diversity of people within an organization or community contributes to creativity, adaptability, and the checking of group bias.

Recognition of diverse explanatory models of health and disease, the value of different healing modalities, and the uniqueness of each person provides the foundation for an inclusive and robust model of healthcare.

Resilience

Resilience is the process of navigating change and effectively recovering from challenges. It is a type of adaptation that involves maintaining core integrity while adjusting to meet the demands of shifting circumstances. At its best, resilience involves not only meeting a challenge but also evolving and thriving as a result of the process.

Physiological resilience reflects the capacity to maintain and adjust biological states, as needed. From a whole person perspective, resilience emerges from a multitude of factors, including accepting circumstances that cannot be changed; taking decisive actions when required; cultivating a healthy, positive perspective; developing a sense of purpose in life; and establishing strong social support.

Values

Community

We operate from an acknowledgment and declaration of interconnection. Our strength and success derives from each of us individually and collectively taking responsibility for the whole.

Mindfulness

We are intentional and thoughtful in our interactions and in our choices. We listen deeply to one another, choose our words with care, and take actions that serve each other and the common good.

Integrity

We ground our actions and words in honesty, compassion and dignity. We aspire to excellence and accountability in all we do.

Inquisitiveness

We are committed to lifelong learning. We examine our positions and assumptions to discover new perspectives and ways of being. We strive to be open, to receive coaching, and to respond effectively to feedback.

Discernment

We make decisions with reference to our past, present, and future. We honor and learn from the elders, align with our principles and values, and consider the impact of our choices on future generations.

Accreditation

Maryland University of Integrative Health is accredited by the Middle States Commission on Higher Education (MSCHE), an institutional accrediting agency recognized by the U.S. Secretary of Education and the Council for Higher Education Accreditation.

Middle States Commission on Higher Education

3624 Market Street
Philadelphia, PA 19104
267-284-5000
www.msche.org

The Master of Acupuncture program of Maryland University of Integrative Health is also accredited by the Accreditation Commission for Acupuncture and Oriental Medicine (ACAOM), which is the recognized accrediting agency for the approval of programs preparing acupuncture and Oriental medicine practitioners.

The Master of Oriental Medicine program of Maryland University of Integrative Health has been admitted to Candidacy status by the Accreditation Commission for Acupuncture and Oriental Medicine (ACAOM), and is in the process of seeking accreditation.

The Maryland University of Integrative Health Doctor of Acupuncture and Doctor of Oriental Medicine programs are not accredited or pre-accredited (candidacy) by the Accreditation Commission for Acupuncture and Oriental Medicine (ACAOM). Graduates of these programs are not considered to have graduated from an ACAOM accredited or candidate program and may not rely on ACAOM accreditation or candidacy for professional licensure or other purposes. These programs are eligible for ACAOM accreditation and MUIH is currently in the process of seeking ACAOM candidacy/accreditation for the program. However, MUIH can provide no assurance that candidacy or accreditation will be granted by ACAOM.

Accreditation Commission for Acupuncture and Oriental Medicine

8941 Aztec Drive
Eden Prairie, MN 55347
952-212-2434
www.acaom.org

The Master of Science in Yoga Therapy program is accredited by the International Association of Yoga Therapists.

International Association of Yoga Therapists

PO Box 251563
Little Rock, AR 72225
928-541-0004
www.iayt.org

State Approvals

In addition, each of our doctoral, master's, and graduate academic certificate programs has been recommended by the Maryland Higher Education Commission (MHEC).

Maryland Higher Education Commission

6 North Liberty Street, 10th floor

Baltimore, MD 21201

410-767-3301

www.mhec.state.md.us

ARTICULATION AND AFFILIATION AGREEMENTS

Articulation Agreements

INSTITUTE FOR INTEGRATIVE NUTRITION (IIN)

Graduates of the Institute for Integrative Nutrition (IIN) who hold a bachelor's degree will be eligible for the following exemptions in MUIH's Master of Science in Nutrition and Integrative Health and Master of Arts in Health and Wellness Coaching based on an Articulation Agreement with IIN and approved by the Maryland Higher Education Commission.

Master of Science in Nutrition and Integrative Health with Area of Concentration in Human Clinical Nutrition or Community Nutrition Education:

Number	Course Title	Credits
IHED 637	Principles and Practices of Health Behavior and Self-Care	1.5
NUTR 601	Redefining Nutrition	1.0
NUTR 672	Mindful Eating and Nourishment Electives	2.0

Master of Science in Nutrition and Integrative Health with Area of Concentration in Herbal Medicine

Number	Course Title	Credits
IHED 637	Principles and Practices of Health Behavior and Self-Care	1.5
NUTR 601	Redefining Nutrition	1.0

Master of Arts in Health and Wellness Coaching with Area of Concentration in Nutrition

Number	Course Title	Credits
COA 610	Fundamentals of Health and Wellness Coaching	3.0
NUTR 601	Redefining Nutrition	1.0
NUTR 672	Mindful Eating and Nourishment	2.0

Candidates for this exemption must indicate graduation from the IIN program on their application for admission to MUIH.

Affiliation Agreements

CENTER FOR MIND-BODY MEDICINE – FOOD AS MEDICINE

Graduates of the Center for Mind-Body Medicine's Food as Medicine program may be eligible for advanced standing (three elective credits) in MUIH's Master of Science in Nutrition and Integrative Health. Candidates for this advanced standing should indicate this in their application essay, and must submit an academic paper on a topic approved by the Academic Director.

GEORGETOWN UNIVERSITY MEDICAL CENTER

Students in the Georgetown University Medical Center Master of Science in Physiology - Complementary and Alternative Medicine (CAM-MS) program have the opportunity to apply for preferred admission and advanced standing in an MUIH degree program to further their education in the field of integrative health. Candidates for preferred admission or advanced standing should indicate their status with Georgetown University Medical Center at the time of application for admission to MUIH and must provide documentation, such as transcripts and course descriptions, prior to approval. Similarly, students enrolled in one of MUIH's degree programs have the opportunity to apply for preferred admission and advanced standing in the CAM-MS program. Qualified students must meet or exceed the admissions criteria (including pre-requisites) for the program to which they are applying and must request advanced standing at the time of application.

INSTITUTE FOR FUNCTIONAL MEDICINE

Institute for Functional Medicine (IFM) Certified Practitioners may be eligible for advanced standing and up to nine credits of course exemption in MUIH's Doctor of Clinical Nutrition program. Candidates for this advanced standing should indicate IFM certification at the time of application for admission to MUIH and must provide documentation before approval for advanced standing.

NATURAL GOURMET INSTITUTE – CHEF'S TRAINING PROGRAM

Graduates of the Chef's Training Program at the Natural Gourmet Institute may be eligible for advanced standing in MUIH's Master of Science in Nutrition and Integrative Health. Graduates may be exempt from taking some of the Cooking with Whole Foods Labs I-VIII. Candidates for this advanced standing should indicate this in their application essay and submit their official record of graduation from the Chef's Training Program to the Office of Graduate Admissions office so that the Academic Director can evaluate eligibility.

LEARNING AND PHYSICAL RESOURCES

Main Campus

Maryland University of Integrative Health's Main Campus is situated on a 12-acre campus in Laurel, MD, located between Baltimore and Washington, DC. We have taken advantage of adjacent untouched woodlands and stream valleys to create closeness with the environment and the changing seasons of nature. The land is adjacent to the Middle Patuxent River Valley, a major conservation area, and has footpaths leading to the Patuxent Wildlife Preserve. The campus includes a 32,500-square-foot building featuring classrooms, meeting rooms, a clinic, a public library, an herbal dispensary, a student lounge and kitchen, and a bookstore and café. Wi-Fi service is available throughout the building. The campus also offers outdoor learning spaces including a meditation garden and an herb garden. Parking is available adjacent to the building. For directions and a map to the campus, see the website, www.muih.edu.

7750 Montpelier Rd
Laurel, MD 20723

Building Hours

Monday-Friday: 7:00 a.m.-10:30 p.m.
Saturday-Sunday: 7:00 a.m.-7:00 p.m.

Maple Lawn Campus

MUIH's Maple Lawn Campus is comprised of two office suites in an office building in Maple Lawn, a 600-acre mixed-use business community located three miles from campus. The 10,070 square feet of office space utilizes energy efficient resources, maximizes natural light, and features season and nature-themed art. The Maple Lawn Campus houses a mix of academic and administrative departments and offices.

8115 Maple Lawn Blvd – Suites 100 & 175
Fulton, MD 20759

Building Hours

Monday-Friday: 8:00 a.m.-6:00 p.m.

Sherman Cohn Library

The Sherman Cohn Library contains a wealth of carefully selected materials from small presses and mainstream publications in support of the innovative academic programs offered at Maryland University of Integrative Health. As part of a values-driven university, our library collection is rich in resources about myriad healing systems, mindfulness, philosophy, psychology, spirituality, and other related topics that support our students and patrons on their journey toward professional and personal transformation.

Research is an integral part of graduate studies, and our staff has the experience to help patrons develop efficient and effective research skills using print, audiovisual, and online resources. Students may make appointments for individual research consultation at no charge. The library also schedules group sessions for general training and for customized course needs.

Located within MUIH's Main Campus, the library includes computer workstations and online access. Subscriptions available include Planta Medica, Natural Standard, the EBSCO host databases, and a customized version of PubMed. A pay-per-use photocopier is also available to students.

The library is open to current students, faculty, staff, alumni, and the public. Links to all resources are accessible online and most are available to the public. Information for accessing library resources is available at www.muih.edu/library.

Library Hours

Monday-Wednesday: 8:30 a.m.-7:00 p.m.
Thursday-Friday: 8:30 a.m.-9:00 p.m.
Saturday-Sunday: 10:00 a.m.-6:00 p.m.

410-888-9048 ext. 6644
librarydesk@muih.edu
www.muih.edu/library

Meeting Point Bookstore and Cafe

Located off MUIH's Main Campus lobby, the Meeting Point Bookstore and Cafe is dedicated to nourishing the mind and body. The store offers many of the required texts for the University's academic programs, and students can place special orders for titles not available on the shelves. The Meeting Point also carries a variety of freshly prepared and pre-packaged lunch and snack items, with many vegetarian and gluten-free options, as well as our own extensive brand of herbal teas.

410-888-9048 ext. 6632
bookstore@muih.edu

Clinical Training Sites

Maryland University of Integrative Health's local clinical training sites are located throughout the Baltimore and Washington metropolitan corridor and include sites at a variety of organizations, including hospitals, integrative health clinics, physician practices, and community centers. At each of the sites, our student interns deliver personalized health and wellness services to a broad base of patients and clients. Many settings also include rotations where clinical interns can develop specialized experience and fluency in their practices.

MUIH pursues and maintains partnerships throughout the region and the nation to benefit both on-campus and online students.

Natural Care Center at MUIH

Many of our academic programs include a clinical phase during which students as clinical interns perform treatments on their own under close supervision of experienced clinical faculty while learning the skills necessary to become effective, safe, compassionate, and independent practitioners. The University's integrative healthcare center, the Natural Care Center, serves as a teaching clinic for interns and is located on MUIH's Main Campus.

Natural Care Center

7750 Montpelier Rd

Laurel, MD 20723

410-888-9048 ext. 6614

naturalcarecenter@muih.edu

www.muih.edu/ncc

Clinical Partnerships and External Placement Sites

Students in some programs have opportunities to participate in internships, practicum, and clinical experiences off campus. MUIH has established myriad partnerships and collaborations in the Baltimore and Washington, DC, region, and around the nation. Sites include public health settings, integrative health practices, hospitals, and governmental agencies. These opportunities enrich and expand the student experience, allow them to be a part of inter-professional healthcare and research teams, and prepare them for successful careers in integrative health.

SUPPORT SERVICES

Academic Advising

In addition to faculty mentoring, the student-advisor relationship is integral to student success. Every student at MUIH is assigned an advisor with whom they meet regularly. Issues such as scheduling of courses, curriculum requirements, selection of electives, academic progress, and registration are important areas for discussion with advisors.

Academic Support Center

Student success is a priority at Maryland University of Integrative Health. To assist students with their studies, MUIH offers the services of an Academic Support Specialist. These services are tailored to the individual student's needs, and could include a writing lab, math lab, study skills training course, computer or technology training course, information literacy class, and/or tutoring. Students seeking assistance should contact their Academic Advisor to determine which type of support is appropriate.

Accessibility

Maryland University of Integrative Health's buildings have specifically assigned handicap parking and are wheelchair-accessible. Elevators provide access to offices and treatment rooms when they are located on the second floor.

Campus Security

The Vice President, CFO & COO, is responsible for campus security and informs the campus community of issues related to campus security. The Vice President, CFO & COO, ensures that there is timely warning to the campus community of any and all Clery Act crimes on campus and the properties adjacent to campus, whether reported to the institution or local police authorities. This report also includes all properties used by MUIH, including internship and community sites, recurring retreat and field trip locations, and rented facilities. See the current report at www.muih.edu/campus-community/about-campus/safety-and-security. The Vice President, CFO & COO, also ensures that emergency notifications are sent to the campus when necessary. As required by the US Department of Education, MUIH prepares an annual security report that is posted online. Students receive email notification of the availability of this report, including a report summary, and may request a hard copy of the report.

Under Campus SaVE, the University is required to report additional Clery Act violations for dating violence, domestic violence, stalking, and sexual assault. It is also required to ensure that upon receiving a report, the student, faculty, or staff member is provided with certain resources and notification of their rights. As such, the University has made information available to

students on the key definitions under Campus SaVE, and what options are available for reporting an incident. Anyone aware of an incident on or off campus affecting one of MUIH's students, faculty, or staff members should please report it to:

Jennifer Yocum, Title IX Coordinator
410-888-9048 ext. 6682 (office)
443-340-0167 (cell)
jyocum@muih.edu

Disabilities Services Policy – Students

Maryland University of Integrative Health is committed to ensuring equal access for qualified individuals with disabilities and fully complies with all relevant federal and state laws. At MUIH, no qualified individual with a disability is excluded from participation in, denied the benefits of, or subjected to discrimination in access to services, benefits, and extracurricular activities at the University solely by reason of his or her handicap. A “qualified individual with a disability” is a person with a disability who has been certified by a professional qualified to evaluate the disability in question; meets the essential eligibility requirements for participation in or receipt of a program or activity; and is capable with accommodation as are necessary to ensure that such requirements do not discriminate or have the effect of discriminating, on the basis of handicap, against a qualified handicapped applicant or student.

It is the responsibility of the student who has a disability and needs assistance in gaining equal access to services, benefits, and activities at the University to contact his or her academic advisor and provide the academic advisor with a completed and signed Confidential Accommodation Request Form along with documentation of the need for an accommodation. The Confidential Accommodations Request form is available on My MUIH (under Forms and Policies/For Students; under Disability Services) or can be requested from the academic advisor. As appropriate to the disability, documentation should follow these guidelines:

- This documentation must be issued by an appropriate professional such as a psychologist, psychiatrist, or physician. The credentials of the diagnosing professional should include information describing the certification, licensure, and/or the professional training of the person conducting the evaluation.
- The documentation should include a diagnostic statement identifying the disability, date of the current diagnostic evaluation, and the date of the original diagnosis. The diagnostic systems used by the Department of Education, the State Department of Rehabilitative Services, or other State agencies and/or the current editions of either the Diagnostic Statistical Manual of the American Psychiatric Association

(DSM) or the International Statistical Classification of Diseases and Related Health Problems of the World Health Organization (ICD) are the recommended diagnostic taxonomies.

- The documentation should also explain how a disability limits an individual's ability to benefit from a particular delivery system, instructional method, or evaluation criteria, or to perform certain duties or functions. It should address the accommodation that is necessary and how the accommodation might mitigate the effect of the disability.
- A description of treatments, medications, assistive devices, accommodations and/or assistive services in current use and their estimated effectiveness in ameliorating the impact of the disability. Significant side effects that may affect physical, perceptual, behavioral, or cognitive performance should also be noted.
- A description of the diagnostic criteria and/or diagnostic test used. The description should include the specific results of diagnostic procedures, diagnostic tests utilized, and when administered. When available, both summary and specific test scores should be reported as standard scores and the norming population identified. When standard scores are not available; then the mean, standard deviation, and the standard error of measurement are requested as appropriate to the construction of the test. Diagnostic methods used should be congruent with the disability and current professional practices within the field. Informal or non-standardized evaluations should be described in enough detail that a professional colleague could understand their role and significance in the diagnostic process.
- New documentation may be required if (i) an individual's diagnosis changes, (ii) the individual requests an accommodation that is new or different from the accommodation(s) included in the documentation, (iii) if the documentation submitted is not pertinent to and/or does not support the accommodation request, or (iv) the documentation is outdated (three years or more). If an academic advisor determines that he or she will need additional information regarding an individual's disability, the individual will be contacted in a timely manner.
- The academic advisor will verify the disability and collaborate with the student in identifying accommodations and ways to implement these accommodations. Accommodations may include, but are not limited to, auxiliary aids and other services.
- Students will be notified of approved accommodations in writing within two weeks.
- Requests for accommodations will be considered on an individual, case-by-case basis.

Note that students with disabilities that are readily apparent will not be required to submit medical documentation confirming their disability.

Any person who believes she or he has been subjected to discrimination on the basis of disability may file a grievance under this procedure. It is against the law for MUIH to retaliate against anyone who files a grievance or cooperates in the investigation of a grievance.

Procedure

Grievances must be submitted to the Disability Services Coordinator within 15 calendar days of the date the person filing the grievance becomes aware of the alleged discriminatory action. A complaint must be in writing, containing the name and address of the person filing it. The complaint must state the problem or action alleged to be discriminatory and the remedy or relief sought.

The Disability Services Coordinator (or her/his designee) shall conduct an investigation of the complaint. This investigation may be informal, but it must be thorough, affording all interested persons an opportunity to submit evidence relevant to the complaint. The Disability Services Coordinator will maintain the files and records of MUIH relating to such grievances.

The Disability Services Coordinator or his/her designee will issue a written decision on the grievance no later than 30 days after its filing.

The person filing the grievance may appeal the decision of the Disability Services Coordinator or his/her designee by writing to the Provost within 15 days of receiving the decision of the Disability Services Coordinator or his/her designee. The Provost shall issue a written decision in response to the appeal no later than 30 days after its filing.

The availability and use of this grievance procedure does not prevent a person from filing a complaint of discrimination on the basis of disability with the U. S. Department of Health and Human Services, Office for Civil Rights.

MUIH will make appropriate arrangements to ensure that disabled persons are provided other accommodations, if needed, to participate in this grievance process. Such arrangements may include, but are not limited to, providing interpreters for the deaf, providing taped cassettes of material for the blind, or assuring a barrier-free location for the proceedings. The Disability Services Coordinator will be responsible for such arrangements.

If you have any questions regarding this policy, please contact the University's Disability Services Coordinator, Chad Egresi, whose contact information is provided below.

410-888-9048 ext. 6649
dscoordinator@muih.edu

Office of Digital Learning

MUIH offers many online courses and programs using the Canvas platform. The Office of Digital Learning is dedicated to creating exciting and stimulating online courses using proven best practices in the field. It provides the University's faculty, staff, and students with the resources they need to assure a successful online learning experience. Its focus is on integrating technology into the online, hybrid, and classroom-based courses.

410-888-9048 ext. 6665

online@muih.edu

Office of the Registrar

The Office of the Registrar assists students by managing course registration, maintaining student and alumni records, processing transcript requests, assisting active military and VA students, supporting international student processes, and overseeing all aspects of commencement. A complete list of forms and resources from the Office of the Registrar are available online.

410-888-9048 ext. 6620

registrar@muih.edu

www.muih.edu/academics/office-registrar

Policies of the Programs

The policies, guidelines, regulations, and procedures of the University and its programs can be found in detail in the student handbooks, all of which are posted online on My MUIH. All students must familiarize themselves with current policies and conform to these policies at all times. The student handbooks include, for example, policies concerning satisfactory academic progress, grading, remaining up-to-date on health requirements, information on a drug-free workplace, the Family Educational Rights and Privacy Act (FERPA), the student grievance procedure, sexual harassment, and sexual assault policies. The handbooks also set forth practical, day-to-day operational information for students.

Residency and Housing

Students are responsible for securing their own housing.

Students in on-campus, full-time day programs must live within reasonable commuting distance of the University. Although it takes a bit of effort and determination, several students have commuted without moving to Maryland on a permanent basis. Many of these individuals rented space that accommodated them two to three nights a week while attending classes.

Students in on-campus weekend programs may wish to take advantage of an extended-stay hotel located within walking distance of campus. More information about local hotels is available at www.muih.edu/visit.

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Academic Director, Nutrition and Integrative Health