

Post-Baccalaureate Certificate in Narrative Health (effective Fall 2019)

The following description of the Post-Baccalaureate Certificate in Narrative Health is effective for students entering MUIH in the Fall 2019 trimester, pending approval by the Maryland Commission of Higher Education.

The Post-Baccalaureate Certificate in Narrative Health consists of 12 credits of the following four required courses, taken in two trimesters.

Trimester 1 (Fall Trimester)

NARR630 Narrative Health (3 credits)

Take as an online course with an opening on-campus weekend intensive meeting.

Narrative Health applies Narrative Theory in the context of client care. Narrative health employs close reading, reflective writing, and witnessing to develop our ability to attend to, interpret, assimilate and be moved by the stories of those being served. These tools aid in the development of resilience and act as a deterrent in the loss of empathy for those attending to others.

NARR631 Expressive Writing and Poetic Care (3 credits)

Take as an online course.

Students learn various writing applications to aid the health and well-being of their constituents. Supported by faculty, individuals develop meaning from life transitions and stressors through the use of personal writing. Students explore evidence-informed practices that support the ability of writing to reduce anxiety and increase resilience.

Trimester 2 (Spring Trimester)

NARR632 Personal Narrative (3 credits)

Take as an online course.

Working in small groups, students engage with one another's written work, searching together for what a work wants to be. Students employ Appreciative Inquiry to fully understand the narrative. The writer entertains questions and possibilities, drawing on what is already on the page rather than venturing into remote hypotheticals. This course allows the students to more fully develop their personal narrative and to discern that the material presented is telling the story its creator intends.

NARR633 Group Facilitation (3 credits)

Take as an online course with a closing on-campus weekend intensive meeting.

Drawing on the experience of developing their own narrative through Appreciative Inquiry and empathetic peer review, students tailor individual and group Narrative Health facilitation plans for specific individuals and populations. Using the individual plans, students work with current clients to facilitate the creation of client health narratives. During the final weekend students utilize the group plans with their peers.