

Masters and Doctoral Programs in Acupuncture and Oriental Medicine Comparative Summary

This document provides a comparative summary of the program highlights, learning outcomes, and curriculum of MUIH's Masters and Doctoral programs in Acupuncture and Oriental Medicine:

1. Master of Acupuncture (MAC)
2. Master of Oriental Medicine (MOM)
3. Doctor of Acupuncture (DAC)
4. Doctor of Oriental Medicine (DOM)

PROGRAM HIGHLIGHTS

Program Highlights	MAC	MOM	DAC	DOM
A rigorous clinical experience beginning as early as the second trimester.	X	X	X	X
The only accredited graduate program to offer the National Acupuncture Detoxification Association (NADA) training and related clinical experience as part of the curriculum.	X	X	X	X
The opportunity to work with a wide variety of clinical supervisors with different theoretical perspectives and practice styles.	X	X	X	X
Exposure to different clinical approaches such as: Chinese and Western nutrition therapy, qi gong, cupping, gua sha, moxibustion, scalp acupuncture, electro-acupuncture, and tuina.	X	X	X	X
The opportunity to see patients from diverse backgrounds and in community outreach settings.	X	X	X	X
The opportunity to engage in specialty courses in the treatment of certain health conditions and populations, including pain management and women's health.	X	X	X	X
Flexible, full-time formats: two days each week, with some online courses, and occasional intensives and self-scheduled electives offered outside of the two-day schedule.	X	X	X	X
A cohort learning format that provides mentorship and flexibility for students to learn in small groups and in one-on-one settings during clinical rotation.	X	X	X	X
The opportunity to gain practical experience in prescribing Chinese herbs, and the management of a Chinese herbal dispensary.		X		X
The opportunity to experience integrative practices in at least one of several possible conventional healthcare settings.			X	X
The opportunity to enhance and deepen ones practice by sharpening diagnostic skills and additional specialization to confidently treat specific populations.			X	X

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LEARNING OUTCOMES

Learning Outcomes	MAC	MOM	DAC	DOM
Apply a comprehensive and integrated understanding of the classical and theoretical foundations of the field of acupuncture.	X	X	X	X
Apply an understanding of biomedicine from an integrative and holistic perspective.	X	X	X	X
Develop a healing presence and healing connection between the patient and practitioner.	X	X	X	X
Articulate an understanding of the origin of symptoms and the direction and progression of conditions.	X	X	X	X
Develop and provide individualized acupuncture treatment plans that address overall health and wellness and bring about effective relief for physical pain conditions, chronic illness, particular physical, mental, and emotional conditions, and spiritual issues in their patients.	X	X	X	X
Translate western medical conditions into Chinese medicine diagnosis and treatment.	X	X	X	X
Participate in a fully holistic system of diagnosis and treatment, addressing all levels of being.	X	X	X	X
Apply business and practice management skills to ensure success as they enter the workforce.	X	X	X	X
Develop and provide individualized and integrated acupuncture and Chinese herbal medicine treatment plans that address overall health and wellness and bring about effective relief for physical pain conditions, chronic illness, particular physical, mental, and emotional conditions, and spiritual issues in their patients.		X		X
Prescribe and dispense Chinese herbs as part of an integrated treatment plan.		X		X
Apply an understanding of various modalities and specialties and how to collaborate with those practitioners.			X	X
Use evidence-informed practices with patients.			X	X
Confidently interview and speak with other healthcare providers about acupuncture and Oriental medicine.			X	X
Participate and inform innovation occurring in acupuncture practice.			X	X

CURRICULA OVERVIEW

	MAC	MOM	DAC	DOM
Program Overview				
Total Credits	128.25	168.25	150.25	198.5
Total Instructional Hours	2,385	3,067.5	2,805	3,717
Time to Complete Program	3 years 9 trimesters	4 years 13 trimesters	4 years 13 trimesters	4 years 13 trimesters
Course Work				
Level 1 Courses ^A	28.5 cr	28.5 cr	28.5 cr	28.5 cr
Level 2 Courses ^A	41 cr	41 cr	41 cr	41 cr
Level 3 Courses ^A	49.75 cr	49.75 cr	49.75 cr	49.75 cr
Bioscience Elective Courses	3 cr	3 cr	3 cr	3 cr
Flex Core Courses ^B	6 cr	7 cr	6 cr	7 cr
Chinese Herb Courses		39 cr		39 cr
Doctoral Courses			22 cr	22 cr
Acupuncture Clinic Experiences				
# Observations	30	30	30	30
# Primary Treatments	125	125	125	125
# Secondary Treatments	125	125	125	125
# Community Health Initiative Treatments	23	23	23	23
Evidence informed treatment, integrative clinic, or integrative case discussions			120 hours	120 hours
Chinese Herb Clinic Experiences				
# Primary Treatments		40		40
# Secondary Treatments		65		65

A - Levels 1-3 Course Work

Students progress through three foundational levels of acupuncture training, each with an overarching theme that guides program goals and objectives. The trimesters flow and build from one to the next, and the coursework is sequenced to provide a rich and transformative educational experience, as summarized below.

Level 1: Students are introduced to MUIH's foundational philosophical principles, living within the rhythms of nature, living with mindfulness, and the skillful and purposeful use of language as tools for being a powerful healing presence and catalyst for change. An intensive on healership that introduces students to the art, practice, and science of being a healing presence is followed by coursework designed to open up the power of observation and sensory awareness.

Level 2: Coursework delves deeper into the topics introduced in Level I, focusing on theory, diagnosis, treatment planning, and skills development. Students begin supervised clinical work and train at the on-campus faculty-supervised clinic and at the off-campus Community Clinic Sites. Near the end of this level, each student will take the Level II Comprehensive Exam. Upon passing the exam, the student may begin the expanded clinical portion of the program.

Level 3: Level III begins with a three-day off-campus retreat. The retreat serves as a bridge between the academic work of Levels I and II, and the clinical experience of Level III. Over the course of Level III, each student generates a minimum of 10 patients, and completes, under supervision, a minimum of 250 treatments. In addition, each student performs at least 180 treatments on patients at Community Clinic Sites (begun in Level II). Beyond the increased clinical focus, Level III coursework focuses more deeply on advanced topics in theory, diagnosis, treatment planning, and skills development.

B - Flex Core Courses

Flex core courses are core programmatic courses however they are categorized as “flex core” because of the flexibility of when a student can take these courses. All other programmatic courses follow a structured timeline.