

# MUIH Nutrition Symposium Nutritional Genomics in Clinical Practice

June 23-25, 2017



## Friday, June 23

Time	Title	Presenter
8:30 am - 5:30 pm	Registration & Information Desk	
9:00 am - 5:00 pm	Exhibits Open (tentative)	
9:00 am - 12:00 pm	Pre-Symposium Workshop: Introduction to Genetics and Genomics	Christina Sax, Ph.D.
12:00 pm - 12:45 pm	Lunch (Pre-Symposium Workshop attendees only)	
1:45 pm - 2:00 pm	Welcoming Remarks	
2:00 pm - 3:00 pm	Keynote Speaker: Do Our Genes Determine What We Should Eat?	Ahmed El-Sohehy, Ph.D.
3:00 pm - 3:25 pm	Break: Exhibitor Focus and Networking	
3:30 pm - 4:30 pm	Nutrigenomic Determinants of Aging: What Do We Know?	Rob Kachko, N.D., LAc
4:35 pm - 5:05 pm	Panel Discussion	All speakers
5:30 pm	MUIH Alumni, Student, and Faculty Reception for Symposium Attendees	

## Saturday, June 24

Time	Title	Presenter
8:30 am - 5:30 pm	Information Desk	
8:30 am - 5:30 pm	Exhibits Open	
8:30 am - 8:45 am	Overview of the the Day	
8:45 am - 9:45 am	The Methylation Diet and Lifestyle	Kara Fitzgerald, N.D.
9:45 am - 10:15 am	Break: Exhibitor Focus and Networking	
10:15 am - 11:15 am	Multiplex PCR-DNA Molecular Identification of the GI Microbiota in the Diagnosis and Management of Autoimmune and other Systemic Diseases	David Brady, N.D., D.C., CCN, DACBN
11:20 am - 12:15 pm	<u>Breakout Sessions</u>	
	Translation of Culinary Genomics in Clinical Practice	Eleonora Gafton, M.S., CNS, CHHC, LDN
	Case Studies in Nutrigenomics	Jessica Pizano, M.S., CNS
	Precision Testing in Clinical Practice: Combining Genomic and Microbiome Data for Personalized Therapeutics	Tara Nayak, N.D.
12:15 pm - 1:25 pm	Networking Lunch	
1:30 pm - 2:30 pm	Unlocking Your Color Code: The Power of Phytonutrients to Heal Your Genes	Deanna Minich, Ph.D., CNS
2:30 pm - 3:30 pm	What Do You Mean That Curly Kale Made You Feel Worse?: Navigating Genetic Expression in Relationship to Unique Symptomology	Leah Hollon, N.D., M.P.H.
3:30 pm - 3:55 pm	Break: Exhibitor Focus and Networking	
4:00 pm - 5:00 pm	<u>Breakout Sessions</u>	
	Translation of Culinary Genomics in Clinical Practice	Eleonora Gafton, M.S., CNS, CHHC, LDN
	Case Studies in Nutrigenomics	Christy Williamson, M.S., CNS
	Precision Testing in Clinical Practice: Combining Genomic and Microbiome Data for Personalized Therapeutics	Tara Nayak, N.D.
5:05 pm - 5:30 pm	Panel Discussion	All speakers

**Sunday, June 25**

<b>Time</b>	<b>Title</b>	<b>Presenter</b>
8:00 am - 1:00 pm	Information Desk	
8:00 am - 1:00 pm	Exhibits Open	
8:30 am - 9:30 am	Nutritional Genomics and Mental Health	Peter Bongiorno, N.D., LAc
9:35 am - 10:20 am	<u>Breakout Sessions</u>	
	Nutritional Genomics: Personalizing Clinical Application	Liz Lipski, Ph.D., CNS, CCN, IFMCP, BCHN, LDN
	Case Studies in Nutrigenomics	Jessica Pizano, M.S., CNS
	Precision Testing in Clinical Practice: Combining Genomic and Microbiome Data for Personalized Therapeutics	Tara Nayak, N.D.
10:20 am - 11:00 am	Break: Exhibitor Focus and Networking	
11:05 am - 11:50 am	Discussion Groups	
11:50 am - 12:00 pm	Closing Remarks	